




MONDAY to FRIDAY (Daily)
CLEAN OFF QUEEN - Toronto - 12:15 pm 552 Adelaide St. Evangel Hall - Adelaide and Bathurst (C/D/L/T/12/BT/J)
FRESH START - North York - 12:15 pm  858 Sheppard Ave. W. JAC’s Place (C/D)

MONDAY
WHY WE STAY - Toronto - 7:00 Monday 7-8 PM, open on holidays . CAMH, 33 Russell Street, Room 2022 One block north of College, East of Spadina Wheelchair Accessible 
SOMEWHERE YOU BELONG – Toronto – 7:00 pm, St. Davids Anglican Church, 49 Donlands Ave.


پیغام امید MESSAGE OF HOPE ✨ - North York - 7:00 pm 236 Finch Ave. E. Willowdale Evangelical Church (C/D/Farsi speaking) Open Dec 26 and Jan 2

POWER OF CHANGE ✨ Caledon Village 7:30 pm.  Knox United Church. 2976 Charleston Sideroad - Common Interest Group for Youth

MIRACLES ON MONDAY - Etobicoke - 7:30 pm 851 Royal York Rd. Royal York United Church, in basement - at Glenroy, closed on holidays, no dogs allowed (C/D/O/S last Mon)


RECOVERY BY THE RIVER ✨ ✨ - Georgetown - 7:30 pm Norval United Church, 486 Guelph Street, parking in back, entr. back door. one hour meeting, open long weekends (C/D/BT)


KEEP IT REAL - Toronto - 8:00 pm 205 John Street, St. George the Martyr Anglican Church - one block north of Queen (C/D)

LIVING IN RECOVERY ✨ - Brampton - 8:00 pm  156 Main St. N. Grace United Church – Upstairs Rainbow room, north of Church, next to 711-store, front door to right (C/D/J/123)


RECOVERY GROUP ✨ ✨ - Mississauga - 8:00 pm 998 Indian Rd. St. Stephen’s On The Hill United Church in basement. (C/D/12/T/ O/S last Mon)


SQUEAKY CLEAN ✨ - Newmarket - 8:00 pm 337 Queen St. New Hope Methodist Church -


YOU ARE NO LONGER ALONE ✨ - Richmond Hill-8:00 pm  M.L. McConaghy Seniors Centre, 10100 Yonge St. Richmond Hill - 2nd Floor, Rm. 205 enter side door, closed statutory holidays (C/D/CN)


NEW LIFE - Toronto - 8:00 pm  100 Hepbourne St. St. Paul’s Presbyterian Church - one block south of Bloor, west of Ossington, in basement. No animals (C/D)

TUESDAY
NEW HORIZONS - Toronto - 7:00 pm 72 Main St. Calvary Baptist Church - 2 blocks south of Gerrard St. E. (C/D/12/L/LC 1 ST tues)

SURRENDER TO RECOVERY ✨ ✨ - Brampton -7:30 pm  135 McLaughlin Rd. S. William Osler Withdrawal Management (C/D/O/S Last Tue/ men’s and women’s separate rooms)

A NEW PATH TO A NEW LIFE - Toronto - 7:30 pm  248 Ossington Ave. West Neighborhood House - at Dundas (C/D/J/123)

BYOB BRING YOUR OWN BOOK - Toronto - 8:00 pm 2459 Islington Ave, Rexdale Alliance Church - N of Rexdale Blvd. just N of 401 (L/mdt) 


COURAGE TO CHANGE ✨ - Keswick - 8:00 pm  3252 Ravenshoe Rd. Ravenshoe United Church - 2.5 km east of Woodbine, south of Keswick (C/D)


FAITH OVER FEAR - Scarborough - 8:00 pm 930 Bellamy Rd. St. Ninians Anglican Church - north of Lawrence (12/123/T/LC/It Works How and Why)


RECOVERY 101 - North York - 8:00 pm 858 Sheppard Ave. W. JAC’s Place, Basement level (C/D/123/BT/S last Tue, not accessible)


LAKESIDE STEPS - Etobicoke - 8:00 pm 432 Horner Ave., Franklin Horner Community Centre -at Gamma St, closed on holidays that occur on Tuesdays, 4th week room 202 (C/D)

THE MESSAGE - Toronto - 8:00 pm 611 St. Clair Ave. W. St. Michael & All Angels Church - SE corner Wychwood & St. Clair, enter 5th side, 2ND floor (C/D/J/12/CN)


THE PRIMARY PURPOSE GROUP ✨ ✨ - Mississauga 8:00 pm 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance, 1-hour meeting (C/D) 

LONELY HEARTS ✨ - Woodbridge - 8:30 pm  8090 Kipling Ave. N. Woodbridge United Church - north of Hwy 7 (C/D/O/S 1ST Tue)

WEDNESDAY
FRESH START - North York – 7am  858 Sheppard Ave. W. JAC’s Place (C/D)
RESPONSIBLE CHOICE - Brampton - 12:00 pm *** 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)

HOW IT WORKS - Toronto - 7:00 pm  746 Pape Ave. Calvary Church - across from Pape subway station, south side of church, enter glass doors (C/D/123/LC/IP/RP/O/S & Gratitude 1st Wed)


NEVER STAND ALONE ✨ ✨ - Burlington - 7:00 pm 505 Walkers Line, Burlington East Presbyterian Church (O/D/O/S last Wed)

SPIRIT, STRENGTH, AND HOPE - Toronto - 7:30 pm CAMH, 33 Russell Street, Room 2029 One block north of College, East of Spadina Wheelchair Accessible (C/D/L/J) 

LIVING IN THE SOLUTION ✨ ✨ - Milton - 7:30 pm 317 Main St. E. Grace Anglican Church (C/D/12)

NEW LOCATION STEPPING INTO RECOVERY ✨ Aurora 8:00 pm -79 Victoria St. E. across parking lot from Church (C/D)

AWAKENINGS - Etobicoke - 8:00 pm 627 Burnhamthorpe Rd. Renforth Baptist Church - west of Hwy 427 (C/D/12/JFT)


INFINITY RECOVERY ✨ ✨ - Mississauga - 8:00 pm  7113 Airport Rd. Trinity United Church - north of Derry Rd, Malton (C/D/O/S last Wed)

SUBURBAN SERENITY ✨ ✨ - Oakville - 8:00 pm 484 Kerr St. - downstairs, Kerr & Speers (C/D and O last Wed)


ROAD TO RECOVERY - Toronto - 8:00 pm 2 Wembley Rd. Forest Hill United Church - one block north of Eglinton, west of Bathurst (C/D/12/LC/J)

ONE STEP CLOSER ✨ - Brampton - 8:30 pm 100 Commuter Dr. Mt Pleasant Library – Paul Hunt Room, 1 hour meeting (C/D/BT)


THURSDAY
NA FOUNDATION GROUP ✨ ✨ - Mississauga – 12 pm - 1880 Lakeshore Rd. W. Chartwell Baptist Church (One hour JFT)

A NEW PATH TO A NEW LIFE - Toronto - 7:30pm  248 Ossington Ave. West Neighbourhood House - at Dundas (C/D/J/123)


LIVE AND LET LIVE - Toronto - 7:30 pm 947 Queen St. E. Queen Street Presbyterian Church - St. Clair Ave, east entrance, in basement (C/D/12/J/T/CN 3RD Thurs)

FULL CIRCLE - Toronto - 7:30 pm  1695 Dufferin St. St. Chad’s Anglican Church - one block north of St. Clair (C/D/BT/J)

STEPS TO FREEDOM ✨ ✨ - Burlington - 7:30 pm 375 Plains Road East, East Plains United Church(O/D/BT)

HUNGER FOR HEALING - Etobicoke – 7:30 pm 2459 Islington Ave, Rexdale Alliance Church - N of Elmhurst (C/LIT/D) 


LIVE YOUR DREAMS - North York - 8:00 pm 19 Don Ridge Dr., St. John’s Anglican Church. Side entrance, south west corner of the building, (CD/OS 3rd Thurs)


THE PRIMARY PURPOSE GROUP ✨ ✨ - Mississauga 8:00 pm 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance, 1 hour meeting (C/D) 

NEW HOPE ✨ - Brampton - 8:00 pm 44 Church St. E. St. Andrew's Presbyterian Church -1 block east of Main, no parking in church, park at school or on road (C/D/O/S first Thurs)

I CAN’T WE CAN ✨ Newmarket – 8:00 pm -570 B, Steven Court, steps building side door (1,2,3)

FRIDAY
RESPONSIBLE CHOICE - Brampton - 12:00 pm *** 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)


TOGETHER WE CAN - Toronto - 7:30 pm  CAMH - 33 Russell St. Rm. 2029 - one block north of College, east of Spadina [(C/D:(123)/(4-12)/(LC))/(JFT & Ask it Basket)](Women’s Mtg)/(O/S first Fri)]

SURRENDER TO SERENITY - Scarborough - 7:45 pm  74 Firvalley Court, Warden Woods Community Centre - south of Warden Subway Station, off Warden (C/D)

RECOVERY 101- North York- 8:00 pm 858 Sheppard Ave. W. JAC’s Place, Basement level (C/D/12 Step)

NEW ATTITUDES ✨ - Bramalea - 8:00 pm 1105 Queen St. E. St. Leonard’s House - at West Dr. Bramalea, Front entrance, no in out privileges (C/D)

NEW FREEDOM ✨ ✨ - Milton - 8:00 pm 317 Main St. E. Grace Anglican Church (O/D)

I CAN’T WE CAN - Mississauga - 8:00 pm  26 Stavebank Rd. N. Trinity Anglican Church - west of Hwy 10, just north of Lakeshore (C/D)


UNITY SELF-HELP ✨ - Newmarket - 8:00 pm 461 Park Ave. Trinity United Church - corner of Park and Main (C/D/Last Friday Open -1,2,3)


SERENITY IN RECOVERY ✨ ✨ - Oakville - 8:00 pm 1450 Litchfield Rd. St. Simon Anglican Church -at Upper Middle and Trafalgar (C/D)


HEART AND SOUL - Toronto - 8:00 pm 794 Kingston Rd. St John’s Church, backdoor - northeast corner C/D, 12, T, 123, LC, J, O/S last Fri, no dogs


WE DO RECOVER - Toronto - 8:00 pm 404 Willard Ave. St. Paul’s Rummeye Anglican Church -east of Jane, north of Bloor, 1 hour (C/D/J)


SATURDAY
FREEDOM AND FELLOWSHIP ✨ ✨ Oakville- 10 AM-11:15 AM 1540 Cornwall Rd Unit 102, CMHA. In the boardroom CD/WC

HIGHER VISION - North York - 12:30 pm  858 Sheppard Ave. W. JAC’s Place - (C/D)

RECOVERY COMES FIRST - Toronto - 2:00 pm  58 Cecil St. Cecil Community Centre - one block south of College, east of Spadina (O/D/LC)


OUT IN RECOVERY - Toronto - 3:30 pm  519 Church St. 519 Church Community Centre (C/D/LGBTQ)

SERINITY ON SATURDAY ✨ Newmarket – 7:00 pm, 570 B, Steven Court, steps building side door  Fellowship following

KEEP IT SIMPLE ✨ ✨ - Oakville - 7:00 pm  2489 Lakeshore Rd. W. Walton Memorial Church - west entrance (C/D/J)

JUST FOR TODAY - East York - 7:30 pm 2723 St. Clair Avenue East, St. Columba’s Church, West Entrance, up the stairs (C/D/J/12/No pets)

NEW FOUND LIFE - Etobicoke - 7:30 pm 25 Burnhamthorpe Rd. Islington United Church - north of Dundas, downstairs, Scout Hall, no dogs allowed (C/D)

WITHOUT PREJUDICE - Toronto - 7:30 p m  43 Wellesley St E. Sunnybrook Holland Orthopaedic & Arthritic Centre, east of Wellesley subway stn., 8th floor auditorium, 2nd Sat. divides into men’s and a women’s group. (O/D/S/L/J)

IT WORKS, WORK IT! ✨ - Brampton - 7:30-9:00 pm 44 Church St. E. St. Andrew’s Presbyterian Church - one block east of Main, on Church (C/D/123/J/LC)

NEVER TOO YOUNG - Toronto - 8:00 pm 686 Broadview Ave - 2nd house south of Loblaws, no parking in driveway (C/D/BT/J/O/S last Sat)

Common Interest Group for Youth SEE BACK OF MEETING LIST FOR SUNDAY MEETINGS

An addict, any addict, can stop using drugs, lose the de to use, and find a new way to live. (Basic Text page xix)

Regardless of who we are, where we came from, or wh we have done, we are accepted in NA. (Basic Text page

Reaching out is the beginning of the struggle that will s free. It will break down the walls that imprison us (Basi page 80)

NA offers only one promise and that is freedom from a addiction. (Basic Text page 106)

