
March/April 2018

Anchor Newsletter

www.anchorna.org anchornews@live.ca

“NA has a single purpose, a single promise, and a simple message. Just as trees gain strength from deep, steady roots, our Fellowship draws strength from the simple message of recovery at the root of all we do. By remaining true to our message, we are able to weather any storm. Our spiritual foundation supports us, and our Higher Power sustains us.”
From Guiding Principles pg. 193

ANNOUNCEMENTS

Annual Speaker Jam Mar.31st 2018 426 Burton Ave Sudbury Ont.. Lunch/Dance \$10/ticket. More info at speakerjam@sudburyareana.com

Stepping Into Recovery, Aurora, Wednesday nights is looking for new members.

ORCNA XXXI Kick Off Mar 17th 2018 Ferris Lane Church (49 Ferris Lane Barrie Ont. Speaker @ 730. Dance 9pm -1am . Marathon Meeting 9pm-1am. \$15/tkt

Squeaky Clean in Newmarket, Monday nights at 8, requires new members. It is a well-attended meeting that requires new members.

A new meeting is being proposed for women only in Newmarket. It will be located at Trinity United Church, Main St. Newmarket @ 630 Saturday Nights. Please send name suggestions to Sam H samanthalaya@gmail.com

We are in need of volunteers to help in Service. Of utmost importance is filling our Helpline Chair Position. It is an essential position that essential to our fellowship. Come work in the front lines of addiction. One addict helping another addict.

I am pleased to announce that Jessica M is our new Secretary. Also, Rick F has returned to organize and chair one of our favorite events “Serenity on Simcoe”.

Anchor News is looking for writers to share their experience with any aspect of their recovery, their program, or any submission for NA. Send to anchornews@live.ca

TRUSTED SERVANTS

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H&I Chair

Newsletter Chair

Gerry M. anchornews@live.ca

Secretary

Jessica M.



Special Events

World Convention NA 37. Aug 30-Sept.2 2018. Orlando Florida U.S.A. Pre-registration is now open, Info available www.na.org/wcna

CCNAXXVI Canadian Convention in P.E.I Oct 19-21st. canadianconvention.com

ORCNA XXXI May 18th-21st. 2018 Blue Mountain Resort and Conference Center. Pre-register at orcna.ca

Edmonton Area Convention June 1st-3rd Radisson Convention Center. Info available at eana.ca

GETTING INVOLVED

We keep what we have by giving it away. That's why getting involved in service is a great way to give back and stay clean! To learn more come to the AASC meeting in King City the second Thursday of every month at 8:00pm All Saints Anglican Church, 12935 Keele Street.

Open Positions:

- Vice Chairperson (2 years clean)
- H&I Chairperson (2 years clean)
- Helpline staff (6 months)
- Helpline Chair (2 years)

We wouldn't have the fellowship we have if we didn't have people doing service, get involved. We all need YOUR help.

Contributions from our Members



DISCOVERING THE LITERATURE OF NA

What is Sponsorship?

"No single philosophy or belief adequately describes or defines what a sponsor is or what a sponsor does. Over the years sponsorship has become an important and basic tool of the NA program and is practised in many ways. The sponsorship relationship, for many members, is personal and private."

"An NA sponsor is an experienced member of Narcotics Anonymous to whom we can turn to for guidance with our own program of recovery. Many members believe that sponsorship is a vital part of the recovery process. Along with the Twelve Steps and Twelve Traditions, sponsorship is considered one of the cornerstones of the program and the NA way of recovery. The therapeutic value of one addict helping another is exemplified in this relationship with another NA member."

Actual NA members views of Sponsorship.....

"When I first got clean I was a mess. I could barely put two sentences together, and I was afraid of everything and everyone. I didn't know what to make of the Twelve Steps, much less asking another human being to help me. I didn't trust anyone or anything. However, I did hear that it was important to get someone as a sponsor. It was a frightening thought-talking to a stranger-but it was more frightening to think that if I didn't ask someone, I might just go back to using drugs again."

"If I ever needed someone in my life, I needed my first sponsor. He was someone who made me feel a part of NA. He was a friendly face in a world of emotional pain. He was someone who helped me keep going when I could no longer walk by myself. One of NA's greatest gifts is hearing the message carried through love and kindness."

"My relationship with my sponsor has helped me to become more honest over time. Since she has the same disease of addiction that I have and has had many of the same experiences, she understands the way I think."

If you do not have a sponsor, give yourself a break and get one!

If you have a sponsor, call your sponsor today!

(All Passages adopted from text "Sponsorship" pg.2,3,4)

**IF YOU THINK YOU MAY HAVE A
PROBLEM WITH DRUGS, WE CAN HELP.**

CALL 1-888-696-8956 or visit na.org or

www.anchorna.org

UPCOMING MEDALLIONS

Please send any announcements of upcoming medallions to anchornews@live.ca

March 10th 2018

Sean 3 yrs @ Never To Young
8PM

March 19th 2018

Rick F 12 years at Living in
Recovery 8pm

April 6th 2018

Jim B 2 years at Unity Self Help
8pm

April 9th 2018

Joanne 30 years
Gerry K 16 years @
You Are No Longer Alone

April 10th 2018

Justine K 1year @ Courage to
Change 8pm

April 16th 2018

Christy D 3 years @
You Are No Longer Alone

April 17th Tanuj S. 1yr at
Courage to Change

May 15th 2018

Yaz V. 27 years
Jessica M 2 years both at
Courage to Change

Meeting Anniversary

March 12th 2018
30 years of Service
You Are No Longer Alone

Congratulations!

The Traditions of Narcotics Anonymous: Tradition 10

“Narcotics Anonymous has no opinion on outside issues: hence the NA name ought never be drawn into public controversy.”

Brothers and Sisters in Recovery,

Narcotics Anonymous makes few clear cut claims. We don't pretend to understand the political views that project themselves on the public stage. We don't make associations or alliances with world religions. We are separate from government agencies, especially law enforcement. We don't get involved in the medical communities that surround us and we stick to our message, which is, that we can help any addict to attain freedom from active addiction. That is our primary purpose, that is what we offer to our members. We achieve this together through our peers with the help of our literature, with the freedom of our 12 steps, and the respect and knowledge that is attained and managed through our traditions.

The recurrent theme of our program and one of the most important reasons why it works is because it is clear and simple. The steps are presented clearly and are simple enough to be effectively translated into multiple languages. The message is not distorted and the program is equivalent in its simplicity. It goes without saying that the nature of our problem of addiction comes with its own inherent issues and controversies. There are many who don't agree with our methods. Yet, there are many organizations that utilize our fellowship to enhance their own drug rehabilitation systems. In essence what we do is welcome all who have a desire to stop using, but we endorse no others and play no favorites. We are autonomous, and it is up to each and every member to ensure and behave in a manner to continue this in our lives and our recovery.

Can you imagine how difficult it would be to align with all the views and beliefs that are represented by our members. We are in 116 countries and accept all denominations of religions and political persuasions. We do this because it has nothing to do with our solution. We hold the key within ourselves. It is simple and clear.

Its one addict helping another, recovering together.

Narcotics Anonymous Random Facts and Figures

2016 NA data

The Middle East is one of our fastest growing sectors. The following statistics are very promising.

In 2016 NA recorded roughly 67000 groups in operation worldwide.

The Middle East region of the World comprised 21000 of them!

Here are just a few examples.

Afghanistan- 13 groups

Egypt- 145 groups

Israel- 240 groups

Kyrgyzstan- 4 groups

Kazakhstan- 28 groups

Kuwait- 15 groups

Saudi Arabia- 35 groups

Qatar- 11 groups

United Arab Emirates- 15

Iran is the all out leader with a whopping 20,598 groups

Keep Coming Back.

Experience, Strength, and Hope: Members Sharing Recovery from all over the World

No Longer Alone...

I remember how painful it was, using against my will every single day. Until finally the pain became great enough and the universe brought me into the rooms of Narcotics Anonymous. I was feeling nervous, irritable, sad, angry, guilty, shameful yet I was also feeling relieved, hopeful and safe. I listened at that meeting and heard people speaking my language but they had smiles and seemed much healthier than me. The Gift Of Desperation (G.O.D.) is a powerful force when we've exhausted all other forms of trying to control our addiction. I picked up a white key tag and let the fellowship of Narcotics Anonymous (and myself) know I was ready for change. People gave me hugs, phone numbers and unconditional love. They shared their experience, strength and hope. They made it clear that I never had to be alone again unless I chose to be. They taught me that I had a choice. Now, I carry the message of hope and let people know they are no longer alone. I choose to give back what was so freely given to me because that is all I have to give. Thank you to the program of Narcotics Anonymous for igniting within my soul, passion, desire and hope!

ORCNA IS COMING FAST! DON'T FORGET TO PRE-REGISTER AND SAVE SOME \$\$\$\$\$\$

LOCATION: BLUE MOUNTAIN RESORT AND CONFERENCE CENTER

DATE: MAY 18TH -20TH

PRE-REGISTRATION CUT-OFF IS APRIL 9TH 2018

PRICE BEFORE APRIL 9TH - \$30 FOR CONVENTION ONLY

PAYMENTS CAN BE MADE BY CASH, CHEQUE, OR MONEY ORDER BY MAIL (WITH REGISTRATION FORM { or online www.orcna.ca }) to P.O BOX 203, KESWICK, ON L4P 3E2

