





MONDAY to FRIDAY (Daily)
CLEAN OFF QUEEN - Toronto - 12:15 pm 552 Adelaide St. Evangel Hall - Adelaide and Bathurst (C/D/L/T/12/BT/J)
FRESH START - North York - 12:15 pm  858 Sheppard Ave. W. JAC’s Place (C/D)

MONDAY

WHY WE STAY - Toronto - 7:00 Monday 7-8 PM, open on holidays . CAMH, 33 Russell Street, cafeteria, 1 block north of College, East of Spadina 

SOMEWHERE YOU BELONG – Toronto – 7:00 pm, St. Davids Anglican Church, 51 Donlands Ave. North side door (JFT/C/Q&A/child friendly (CF))


پیام امید **MESSAGE OF HOPE * - Newmarket - 7:00 pm** 570 B, Steven Court, steps building side door  (C/D/Farsi speaking)

POWER OF CHANGE * Caledon Village 7:30 pm.  Knox United Church. 2976 Charleston Sideroad - Common Interest Group for Youth

MIRACLES ON MONDAY - Etobicoke - 7:30 pm 851 Royal York Rd. Royal York United Church, in basement - at Glenroy, closed on holidays, no dogs allowed (C/D/O/S last Mon)


RECOVERY BY THE RIVER ** - Georgetown - 7:30 pm Norval United Church, 486 Guelph Street, parking in back, entr. back door. one hour meeting, open long weekends (C/D/BT)


KEEP IT REAL - Toronto - 8:00 pm 205 John Street, St. George the Martyr Anglican Church - one block north of Queen (C/D)

LIVING IN RECOVERY * - Brampton - 8:00 pm  156 Main St. N. Grace United Church – Upstairs Rainbow room, north of Church, next to 711-store, front door to right (C/D/J/123)

RECOVERY GROUP ** - Mississauga - 8:00 pm 998 Indian Rd. St. Stephen’s On The Hill United Church in basement. (C/D/12/T/ O/S last Mon)


SQUEAKY CLEAN * - Newmarket - 8:00 pm 337 Queen St. New Hope Methodist Church -


YOU ARE NO LONGER ALONE*-Richmond Hill-8:00 pm  M.L. McConaghy Seniors Centre, 10100 Yonge St. Richmond Hill - 2nd Floor, Rm. 205 enter side door, closed statutory holidays (C/D/CN)


NEW LIFE - Toronto - 8:00 pm  100 Hepbourne St. St. Paul’s Presbyterian Church - one block south of Bloor, west of Ossington, in basement. No animals (C/D)


TUESDAY

NEW HORIZONS - Toronto - 7:00 pm 72 Main St. Calvary Baptist Church - 2 blocks south of Gerrard St. E. (C/D/12/L/LC 1STtues)

SURRENDER TO RECOVERY ** - Brampton -7:30 pm  135 McLaughlin Rd. S. William Osler Withdrawal Management (C/D/O/S Last Tue/ men’s and women’s separate rooms)

A NEW PATH TO A NEW LIFE - Toronto - 7:30 pm  248 Ossington Ave. West Neighborhood House - at Dundas (C/D/J/123)

BYOB BRING YOUR OWN BOOK - Toronto - 8:00 pm 2459 Islington Ave, Rexdale Alliance Church - N of Rexdale Blvd. just N of 401 (L/mdt) 


COURAGE TO CHANGE * - Keswick - 8:00 pm  3252 Ravenshoe Rd. Ravenshoe United Church - 2.5 km east of Woodbine, south of Keswick (C/D)


FAITH OVER FEAR - Scarborough - 8:00 pm 930 Bellamy Rd. St. Ninians Anglican Church - north of Lawrence (12/123/T/LC/It Works How and Why)

RECOVERY 101 - North York - 8:00 pm 858 Sheppard Ave. W. JAC’s Place, Basement level (C/D/123/BT/S last Tue, not accessible)


LAKESIDE STEPS - Etobicoke - 8:00 pm 432 Horner Ave., Franklin Horner Community Centre -at Gamma St, closed on holidays - basement boardroom(C/D)

THE MESSAGE - Toronto - 8:00 pm 611 St. Clair Ave. W. St. Michael & All Angels Church - SE corner Wychwood & St. Clair, enter Sth side, 2nd floor (C/D/J/12/CN)


THE PRIMARY PURPOSE GROUP - Mississauga 8:00 pm** 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance, 1-hour meeting (C/D) 

LONELY HEARTS * - Woodbridge - 8:30 pm  8090 Kipling Ave. N. Woodbridge United Church - north of Hwy 7 (C/D/O/S 1ST Tue)


WEDNESDAY

FRESH START - North York – 7am  858 Sheppard Ave. W. JAC’s Place (C/D)

RESPONSIBLE CHOICE - Brampton - 12:00 pm *** 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)

HOW IT WORKS - Toronto - 7:00 pm  746 Pape Ave. Calvary Church - across from Pape subway station, south side of church, enter glass doors (C/D/123/LC/IP/RP/O/S/12 & Gratitude 1stWed)


NEVER STAND ALONE ** - Burlington - 7:00 pm 505 Walkers Line, Burlington East Presbyterian Church (O/D/O/S last Wed)

SPIRIT, STRENGTH, AND HOPE - Toronto - 7:30 pm CAMH, 33 Russell Street, Room 2029 One block north of College, East of Spadina Wheelchair Accessible (C/D/L/J) 

LIVING IN THE SOLUTION ** - Milton - 7:30 pm 317 Main St. E. Grace Anglican Church (C/D/12)

STEPPING INTO RECOVERY *Aurora 8:00 pm -79 Victoria St. E. across parking lot from Church (C/D)

AWAKENINGS - Etobicoke - 8:00 pm 627 Burnhamthorpe Rd. Renforth Baptist Church - west of Hwy 427 (C/D/12/JFT)

INFINITY RECOVERY ** - Mississauga - 8:00 pm 7113 Airport Rd. Trinity United Church - north of Derry Rd, Malton (C/D/O/S last Wed) 


SUBURBAN SERENITY ** - Oakville - 8:00 pm 484 Kerr St. - downstairs, Kerr & Speers (C/D and O last Wed)


ROAD TO RECOVERY - Toronto - 8:00 pm 2 Wembley Rd. Forest Hill United Church - one block north of Eglinton, west of Bathurst (C/D/12/LC/J)

ONE STEP CLOSER * - Brampton - 8:30 pm 100 Commuter Dr. Mt Pleasant Library – Paul Hunt Room, 1 hour meeting (C/D/BT)

THURSDAY

NA FOUNDATION GROUP ** - Mississauga – 12 pm - 1880 Lakeshore Rd. W. Chartwell Baptist Church (One hour JFT)

A NEW PATH TO A NEW LIFE - Toronto - 7:30pm  248 Ossington Ave. West Neighbourhood House - at Dundas (C/D/J/123)

FULL CIRCLE - Toronto - 7:30 pm  1695 Dufferin St. St. Chad’s Anglican Church - one block north of St. Clair (C/D/BT/J, last Thurs. of month Speaker meeting)

STEPS TO FREEDOM ** - Burlington - 7:30 pm 375 Plains Road East, East Plains United Church(O/D/BT)

LIVE YOUR DREAMS - North York - 8:00 pm 19 Don Ridge Dr., St. John’s Anglican Church. Side entrance, south west corner of the building, (CD/OS 3rd Thurs)


THE PRIMARY PURPOSE GROUP - Mississauga 8:00 pm** 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance, 1 hour meeting (C/D) 


NEW HOPE * - Brampton - 8:00 pm 44 Church St. E. St. Andrew's Presbyterian Church -1 block east of Main, no parking in church, park at school or on road (C/D/O/S first Thurs)

I CAN’T WE CAN * Newmarket – 8:00 pm -570 B, Steven Court, steps building side door (1,2,3)

FRIDAY

RESPONSIBLE CHOICE - Brampton - 12:00 pm *** 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)


TOGETHER WE CAN - Toronto - 7:30 pm  CAMH - 33 Russell St. Rm. 2029 - one block north of College, east of Spadina [(C/D:(123))/(4-12)/(LC)]/(JFT & Ask it Basket)(Women's Mtg)/(O/S first Fri)]

SURRENDER TO SERENITY- Scarborough - 7:45 pm  74 Firvalley Court, Warden Woods Community Centre - south of Warden Subway Station, off Warden (C/D)

RECOVERY 101- North York- 8:00 pm 858 Sheppard Ave. W. JAC’s Place, Basement level (C/D/12 Step

NEW ATTITUDES * - Bramalea - 8:00 pm 1105 Queen St. E. St. Leonard’s House - at West Dr. Bramalea, Front entrance, no in out privileges (C/D)


NEW FREEDOM ** - Milton - 8:00 pm 317 Main St. E. Grace Anglican Church (O/D)

I CAN’T WE CAN - Mississauga - 8:00 pm  26 Stavebank Rd. N. Trinity Anglican Church - west of Hwy 10, just north of Lakeshore (C/D)

UNITY SELF-HELP * - Newmarket - 8:00 pm 461 Park Ave. Trinity United Church - corner of Park and Main (C/D/Last Friday Open -1,2,3)

SERENITY IN RECOVERY - Oakville - 8:00 pm** 1450 Litchfield Rd. St. Simon Anglican Church -at Upper Middle and Trafalgar (C/D)


HEART AND SOUL - Toronto - 8:00 pm 794 Kingston Rd. St John’s Church, backdoor - northeast corner C/D, 12, T, 123, LC, J, O/S last Fri, no dogs


NEW LOCATION/TIME HUNGER FOR HEALING – Etobicoke – 8:00 pm, 279 Burnhamthorpe Rd. Olivet New Church, at Lorraine Gardens, 2 blocks west of Kipling on the north side (C/Lit/D) 


WE DO RECOVER - Toronto - 8:00 pm 404 Willard Ave. St. Paul’s Runnymede Anglican Church -east of Jane, north of Bloor, 1 hour (C/D/J)


SATURDAY


FREEDOM AND FELLOWSHIP **Oakville- 10 AM-11:15 AM1540 Cornwall Rd Unit 102, CMHA. In the boardroom CD/WC

HIGHER VISION - North York - 12:30 pm  858 Sheppard Ave. W. JAC’s Place - (C/D)

RECOVERY COMES FIRST - Toronto - 2:00 pm  58 Cecil St. Cecil Community Centre - one block south of College, east of Spadina (O/D/LC)


OUT IN RECOVERY - Toronto - 3:30 pm  519 Church St. 519 Church Community Centre (C/D/LGBTQ)

SERENITY ON SATURDAY * Newmarket – 7:00 pm, 570 B, Steven Court, steps building side door  (CF) Fellowship following

KEEP IT SIMPLE ** - Oakville - 7:00 pm  2489 Lakeshore Rd. W. Walton Memorial Church - west entrance (C/D/J)

JUST FOR TODAY - East York - 7:30 pm 2723 St. Clair Avenue East, St. Columba’s Church, West Entrance, up the stairs (C/D/J/12/No pets)

NEW FOUND LIFE - Etobicoke - 7:30 pm 25 Burnhamthorpe Rd. Islington United Church - north of Dundas, downstairs, Scout Hall, no dogs allowed (C/D)

WITHOUT PREJUDICE - Toronto - 7:30 p m  43 Wellesley St E. Sunnybrook Holland Orthopaedic & Arthritic Centre, east of Wellesley subway strn., 8th floor auditorium, 2nd Sat. divides into men’s and a women’s group. (O/D/S/L/J)

IT WORKS, WORK IT! * - Brampton - 7:30-9:00 pm 44 Church St. E. St. Andrew's Presbyterian Church - one block east of Main, on Church (C/D/123/J/LC)

NEVER TOO YOUNG - Toronto - 8:00 pm 686 Broadview Ave - 2nd house south of Loblaws, no parking in driveway (C/D/BT/J/O/S last Sat) **Common Interest Group for Youth**

SEE BACK OF MEETING LIST FOR SUNDAY MEETINGS

An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. (Basic Text page xix)

Regardless of who we are, where we came from, or what we have done, we are accepted in NA. (Basic Text page 19)

Reaching out is the beginning of the struggle that will set us free. It will break down the walls that imprison us (Basic Text page 80)

NA offers only one promise and that is freedom from active addiction. (Basic Text page 106)

SUNDAY

NEVER ALONE ★ - Etobicoke - 2:30 pm
 2nd floor, 45 Ludstone Dr. Transfiguration Church, Dixon west of Kipling, off Celestine (C/D/JFT)

THERE COMES A TIME - Toronto - 2:00 pm ♿
 63 Bellwoods Ave. St Mathias Church - north of Queen, west of Bathurst (C/D/J/12/O/S every 3rd Sun) child friendly

TWELVE BY TWELVE - Toronto - 5:00 pm ♿
 Jimmy Simpson Recreation Centre, 870 Queen Street East, Toronto (C/D/12/J)

NEW WOMEN IN NEWMARKET ★ -Newmarket – 6:00 pm
 Christian Baptist Church, 135 Main Street S. (D/CF/C)

NA FOUNDATION GROUP ★★ - Mississauga - 6:30 pm
 1880 Lakeshore Rd. W. Chartwell Baptist Church (C/L/D)

STEPS KEEP YOU CLEAN ★ Brampton - 7:00 pm ♿ Christ Church,
 4 Elizabeth St. N. just west of Main, at Queen (C/D/no pets)

COURAGE TO CHANGE ★★ - Milton - 7:00 pm ♿
 170 Main Street, Knox Presbyterian Church (O) Community Centre - west of Dufferin (C/D)

ALIVE AND FREE - Toronto - 7:00 pm ♿
 2889 Islington Ave. St. Roch's Church (BT/C/L)

TOGETHER WE CAN - Toronto - 7:30 pm ♿
 CAMH-33 Russell St. Rm. 2029,north of College, east of Spadina

INNER JOURNEY - Scarborough - 8:00 pm 62 Orchard Park Dr. West Hill United Church, Kingston Rd, west of Manse (C/D)

TELEPHONE NUMBERS

"get and use telephone numbers..." (Basic Text Page 54)

MAY 2018 MEETING LIST



TORONTO AREA
1-888-811-3887

mail@torontona.org

Website: www.torontona.org

Postal Address: Toronto Area Service Committee,
PO Box 5700, Depot A, Toronto, Ontario M5W 1N8

ANCHOR AREA

MEETINGS ARE INDICATED BY ★

1-877-414-4464 / 416-410-3689

Aurora, Brampton, Georgetown, Keswick, Newmarket,
Richmond Hill, Unionville, Woodbridge

Website: www.anchorna.org

Public Relations: anchorpi@live.ca

H&I: anchorhi@live.ca

Postal Address: PO Box 21 King City, ON L7B 1A4

HALTON PEEL AREA

MEETINGS ARE INDICATED BY ★★

1-888-811-3887

Burlington, Milton, Mississauga, Oakville

Website: www.haltonpeelna.org

Postal Address: Halton Peel Area of NA

PO Box 40014 Derry Heights PO, Milton, ON, L9T 7W4

Meetings not part of an area are indicated by ***
**IN THE EVENT OF PUBLIC OR RELIGIOUS HOLIDAYS PLEASE
 CALL THE HELPLINE AT 1-888-811-3887
 TO ENSURE THE MEETING IS OPEN**

TORONTO AREA SERVICE MEETINGS

To confirm times and locations please call

1-888-811-3887

Toronto Area Service Committee (TASC) 10:00am - 2nd Sun. of the month (1st Sun in May) room 2029 CAMH, 33 Russell St.

Activities Subcommittee Not currently meeting

Clean Times time and location of meeting in flux, please email cleantimes@torontona.org

Helpline Subcommittee 7:00pm - last Wed. of the month CAMH cafeteria, 33 Russell St.

Hospitals & Institutions Subcommittee (H&I): 7:00pm - 3rd Wed. of the month CAMH cafeteria, 33 Russell St.

Literature Subcommittee 9:00am - before TASC -CAMH cafeteria, 33 Russell St. **Send mail to Literature:** P.O. Box 5700 Depot A, Toronto, ON, M5W 1N8

Policies & Procedures (P&P) 7:00pm -Last Thursday of the month CAMH cafeteria, 33 Russell St.

Public Relations Subcommittee (PR) 7:30pm- last Thursday of the month, in CAMH cafeteria, 33 Russell St.

TACNA Subcommittee Sunday, 1pm-5pm CAMH cafeteria

MEETING CODES

- | | |
|---------------------------|------------------------------|
| (123) Steps 1 2 3 | (LGBTQ) Lesbian Gay Bi Trans |
| (12) 12 Steps | Queer |
| (BT) Basic Text | (Mdt) Meditation Meeting |
| (C) Closed Meeting | (M) Men's Meeting |
| (CN) Candlelight | (O) Open Meeting |
| (D) Discussion | (Q&A) Questions and Answers |
| (IP) Information Pamphlet | (RP) Recovery Principles |
| (J) Just for Today | (S) Speaker, (T) Traditions |
| (L) Literature | (W) Women's Meeting |
| (LC) Living Clean | (♿) Wheelchair Access |
| (CF) Child Friendly | |

CLOSED MEETINGS: A closed meeting (C) in Narcotics Anonymous is for those individuals who identify themselves as addicts or for those who are uncertain and think they might have a drug problem.

OPEN MEETINGS: An open meeting (O) is an NA meeting that may be attended by anyone (e.g. professionals, family members) interested in how we have found recovery from the disease of addiction.

NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THE FACILITIES IN WHICH OUR MEETINGS ARE HELD

HELP US KEEP THIS MEETING LIST UP TO DATE AND CORRECT - EMAIL CHANGES TO meetinglist@torontona.org OR CALL 1-888-811-3887

NARCOTICS ANONYMOUS...

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break.

Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work!

We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict. We believe that the sooner we face our problems within our society, in everyday living, just that much faster do we become acceptable, responsible and productive members of that society.

"We have learned from our group experience that those who keep coming to our meetings regularly stay clean." (Basic Text Page 9)