
July/August 2018

Anchor Newsletter

www.anchorna.org anchornews@live.ca

“Narcotics Anonymous offers addicts a program of recovery that is more than just a life without drugs. Not only is this way of life better than the hell we lived, it is better than any life we have ever known. Basic Text pg.107

ANNOUNCEMENTS

8th Annual Baseball tournament in Brampton is back again. Location is Dugan Field on Saturday July 21st. Full day event starting at 9am until approx.. 8pm. Contact Kevin to register your team today @ 6478624809

Stepping into Recovery in Aurora has moved. They are now at 79 Victoria St. inside Trinity Anglican Church at a new time of 730 . Meeting is upstairs.

Lonely Hearts Annual Wasaga Beach Picnic. Beach area 5 August 19th all are welcome.

Serenity on Simcoe is coming up fast. Labour Day Weekend at Sibbald Point. Tickets are almost all gone but single camping and day passes are still available. Info at rickfraser13@gmail.com.

Sunday night **Women Only** meeting in Newmarket is unfortunately now closed

St Joseph's Health Centre. 730 weekly Thursday meeting requires speakers. Contact Adriano 4167235136.

One Step Closer Group BBQ at Eldorado Park August 12th. Games, BBQ, Swimming. Free and all addicts are welcome . 8520 Creditview rd., Brampton

Anchor News is looking for writers to share their experience with any aspect of their recovery, their program, or any submission for NA. Send to anchornews@live.ca

Upcoming Campouts- Niagara Area NA Aug3-6. Info @ niagarana.com, Nova Scotia Campout & Pig Roast July 16-22 Annapolis Valley. Info @ eana.ca. Recovery on the Beach BBQ. 208 Mosley Rd. Wasaga Beach ON. All Day. Sudbury Area NA 29th Annual Campout. Aug4th-11th. campout@sudburyareana.com

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Special Events

World Convention NA 37. Aug 30-Sept.2 2018. Orlando Florida U.S.A. Pre-registration is now open, Info available www.na.org/wcna

CCNAXXVI Canadian Convention in P.E.I Oct 19-21st. canadianconvention.com

Western New York Regional Convention. Sept. 21st-23rd info @ nawny.org

SSACNA Regina Saskatchewan August 17th – 19th info call Danny 306-526-4163

GETTING INVOLVED

We keep what we have by giving it away. That's why getting involved in service is a great way to give back and stay clean! To learn more come to the AASC meeting in King City the second Thursday of every month at 8:00pm All Saints Anglican Church, 12935 Keele Street.

Open Positions:

- Secretary (1year clean)
- Vice Chairperson (2 years clean)
- H&I Chairperson (2 years clean)
- Helpline staff (6 months) shifts available. Mon 7am-6pm,

We wouldn't have the fellowship we have if we didn't have people doing service, get involved. We all need YOUR help.

Contributions from our Members



Stepping Through Recovery

By Candice B

Like everything in life recovery is a process, and with almost every process there is some form of work involved. Like most other people I don't like to work for things I want them now. Unfortunately for me that's not how life works.

Starting is sometimes the hardest part as I know it was for me. It took me awhile to get into the step work groove but once I started it was easier to keep going than to stop. Through going over the steps with my sponsor my eyes have been opened to a whole new perspective. I can more easily see the truth and am starting to notice areas in my life that I am going to require a lot of healing and sometimes a lot of work. In early recovery these were things that would have scared me. This is why the steps are in the order that they are and the questions are also in a certain order.

God will not give you more than you can handle before you are ready. I truly believe this and so far my experience in working the steps has proven that that is correct. This is a Just for Today program for the simple fact that every single one of us CAN stay clean if only for today. We gain strength with each passing day and are able to get a deeper understanding of ourselves as time passes and with each step we work.

Without working the steps my experience tells me that i am surely to relapse so...

Just for Today I am so grateful to have the opportunity to be able to work the steps with my sponsor so that I CAN stay clean today.

**IF YOU THINK YOU MAY HAVE A
PROBLEM WITH DRUGS, WE CAN HELP.**

**CALL 1-888-696-8956 or visit na.org or
www.anchorna.org**

UPCOMING MEDALLIONS

July 17th
Rose 24 Years
Courage to Change

July 21st
Dan 1 year
Serenity on Saturday

August 11
Kiersten B 7 years
Serenity on Saturday

August 20th
Emily W 11 years
Squeaky Clean

August 21st
Sue J 11 years
Courage to Change

August 28th
Tim M 2 years
Courage to Change

August 30th
Wayne B 26 years
Unity Self Help

Sept 4th
Tony D 21 years
Lonely Hearts

Sept 7th
Cam A 18years
Unity Self Help

Sept 11
Shari K 15 years
Lonely Hearts

Sept 18th
Mauro T 1 year
Lonely Hearts