

<b>MONDAY to FRIDAY (Daily)</b>
<b>CLEAN OFF QUEEN - Toronto - 12:15 pm</b> 552 Adelaide St. Evangel Hall - Adelaide and Bathurst (C/D/LT/12/BT/J)
<b>FRESH START - North York - 12:15 pm</b> 846 Sheppard Ave. W. JAC's Place (C/D) ♿
<b>MONDAY</b>
<b>STEP SISTERS – Toronto – 7:30pm</b> <i>Special interest group: women &amp; non-binary</i> 1691 Bloor St. West, Redeemer Lutheran Church, east door facing Bloor. (C/D/W)
<b>WHY WE STAY - Toronto - 7:00pm.</b> 33 Russell Street, CAMH, Room 2062. Open on holidays ♿
<b>SOMEWHERE YOU BELONG – Toronto – 7:00 pm.</b> 51 Donlands Ave. , St. Davids Anglican Church, side door
پیام امید <b>MESSAGE OF HOPE - Newmarket - 7:00 pm.</b> 10066 Yonge St. RichmongdHill Presbyterian Church. (C/D/Farsi speaking).
<b>RECOVERY BY THE RIVER - Georgetown - 7:30 pm</b> 486 Guelph Street , Norval United Church, parking in back, entr. back door. Open long weekends (C/D/BT)
<b>KEEP IT REAL - Toronto – 7:30 pm</b> 602 Queen St. W., Toronto Alliance Church, (C/D)
<b>LIVING IN RECOVERY - Brampton - 8:00pm</b> 156 Main St. N. Grace United Church – Upstairs Rainbow rm, North of Church next to 711, front door to right (C/D/J/123) ♿
<b>RECOVERY GROUP - Mississauga - 8:00pm</b> 998 Indian Rd. St., Stephen's On The Hill United Church in basement. (C/D/12/T/ O/S last Mon)
<b>SQUEAKY CLEAN - Newmarket - 8:00 pm</b> 337 Queen St. New Hope Methodist Church - Back door. (O/BT)
<b>YOU ARE NO LONGER ALONE - Richmond Hill - 8:00pm</b> 10100 Yonge St., M.L. McConaghy Seniors Centre, 2nd Floor, Rm. 205 enter side door, closed statutory holidays (C/D/CN) ♿
<b>NEW LIFE - Toronto - 8:00 pm.</b> 100 Hepburne St., St. Paul's Presbyterian Church – one block south of Bloor. No animals (C/D) ♿
<b>MIRACLES ON MONDAY – Etobicoke – 7:30pm</b> 851 Royal York rd. Royal York United Church., Downstairs.(C) <i>Until Sept 10: Fireside meeting, Amos Waites Park, Mimico &amp; Lakeshore (C/D/O/S last Mon)</i>
<b>LIVING HOPE – Burlington – 7pm</b> 2225 New St., Burlington Baptist Church (BT/D/O)
<b>TUESDAY</b>
<b>LIVE YOUR DREAMS - North York - 8:00 pm</b> 19 Don Ridge Dr., St. John's Anglican Church. Side entrance, south west corner of the building, (CD/OS 3rd Thurs), no pets.
<b>NEW HORIZONS - Toronto - 7:00 pm</b> 72 Main St. Calvary Baptist Church - 2 blocks south of Gerrard St. E. (C/D/12/L/LC 1 <sup>ST</sup> Tuesday)
<b>SURRENDER TO RECOVERY - Brampton - 7:30 pm</b> 135 McLaughlin Rd. S. William Osler Withdrawal Management (C/D/O/S Last Tue/men's and women's separate meeting) ♿
<b>A NEW PATH TO A NEW LIFE - Toronto - 7:30 pm</b> 248 Ossington Ave. West Neighborhood House - at Dundas (C/D/J/123) ♿

<b>BYOB (Bring Your Own Book) - Toronto - 8:00 pm</b> 2459 Islington Ave, Rexdale Alliance Church – N. of Rexdale Blvd. just N of 401 (L/Mdt) ♿
<b>COURAGE TO CHANGE - Keswick - 8:00 pm</b> 3252 Ravenshoe Rd. Ravenshoe United Church - 2.5 km east of Woodbine, south of Keswick (C/D) ♿
<b>FAITH OVER FEAR - Scarborough - 8:00 pm</b> 930 Bellamy Rd., St. Ninians Anglican Church - north of Lawrence (12/123/T/LC/It Works How and Why)
<b>LAKESIDE STEPS - Etobicoke - 8:00 pm</b> 432 Horner Ave., Franklin Horner Community Centre -at Gamma St, closed on holidays (Tuesdays/ 4 <sup>th</sup> wk), rm 202 (C/D)
<b>THE MESSAGE - Toronto – 7:30 pm</b> 611 St. Clair Ave. W. St. Michael & All Angels Church - SE corner Wychwood & St. Clair, enter souths side, 2 <sup>nd</sup> floor (C/D/J/12/CN)
<b>THE PRIMARY PURPOSE GROUP- Mississauga - 8:00 pm</b> 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance (C/D) ♿
<b>LONELY HEARTS - Woodbridge - 8:30 pm</b> 8090 Kipling Ave. N. Woodbridge United Church - north of Hwy 7 (C/D/O/S 1 <sup>st</sup> Tue) ♿
<b>BLESSED ON BLOOR – Toronto – 8pm</b> 427 Bloor St. West, Trinity St-Paul's Church–Chapel Rm. (C/D) ♿
<b>WEDNESDAY</b>
<b>RESPONSIBLE CHOICE - Brampton - 12:00 pm</b> 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)
<b>HOW IT WORKS - Toronto - 7:00 pm</b> 746 Pape Ave. Calvary Church - across from Pape subway station, south side of church, enter glass doors (C/D/123/LC/IP/RP/O/S & Gratitude 1 <sup>st</sup> Wed) ♿
<b>NEVER STAND ALONE - Burlington - 7:00 pm</b> 505 Walkers Line, Burlington E. Presb. Church (O/D/O/S last Wed)
<b>SPIRIT, STRENGTH, AND HOPE - Toronto - 7:30 pm</b> 33 Russell Street, CAMH, Room 2029 (C/D/L/J) ♿
<b>LIVING IN THE SOLUTION - Milton - 7:30 pm</b> 317 Main St. E. Grace Anglican Church (C/D/12)
<b>STEPPING INTO RECOVERY - Aurora – 7:30 pm</b> 79 Victoria St. E. Trinity Anglican Church (C/D)
<b>AWAKENINGS - Etobicoke - 8:00 pm</b> 627 Burnhamthorpe Rd. Renforth Baptist Church - west of Hwy 427 (C/D/12/JFT)
<b>INFINITY RECOVERY - Mississauga - 7:30 pm</b> 7113 Airport Rd. Trinity United Church - north of Derry Rd, Malton (C/D/O/S last Wed) ♿
<b>SUBURBAN SERENITY - Oakville - 8:00 pm</b> 484 Kerr St. Chartwell Church - downstairs, Kerr & Speers, (C/D and O last Wed)
<b>ROAD TO RECOVERY - Toronto - 8:00 pm</b> 2 Wembley Rd. Forest Hill United Church - one block north of Eglinton, west of Bathurst (C/D/12/LC/J)
<b>ONE STEP CLOSER - Brampton - 8:30 pm</b> 100 Commuter Dr. Mt Pleasant Library – Paul Hunt Room, 1 hour meeting (C/D/BT)
<b>THURSDAY</b>
<b>NA FOUNDATION GROUP - Mississauga –7:00 pm</b> 1880 Lakeshore Rd. W. Chartwell Baptist Church (One hour JFT)
<b>A NEW PATH TO A NEW LIFE - Toronto - 7:30pm</b> 248 Ossington Ave. W. Neighborhood House. (C/D/J/123) ♿

<b>FULL CIRCLE - Toronto - 7:30 pm</b> 1695 Dufferin St. St. Chad's Anglican Church - one block north of St. Clair (C/D/BT/J) ♿
<b>STEPS TO FREEDOM - Burlington - 7:30 pm</b> 375 Plains Road East, East Plains United Church(O/D/BT)
<b>LIVE YOUR DREAMS - North York - 8:00 pm</b> 19 Don Ridge Dr., St. John's Anglican Church. Side entrance, south west corner of the building, (CD/OS 3rd Thurs), no pets.
<b>THE PRIMARY PURPOSE GROUP – Mississauga - 8:00 pm</b> 2630 Inlake Court Meadowvale Community Christian Reformed Church - back entrance (C/D) ♿
<b>NEW HOPE - Brampton - 8:00 pm</b> 44 Church St. E. St. Andrew's Presbyterian Church -1 block east of Main, parking at school or road only (C/D/O/S first Thurs)
<b>I CAN'T WE CAN - Newmarket – 8:00 pm</b> 570 B, Steven Court, steps building side door (1,2,3)
<b>FRIDAY</b>
<b>JOURNEY to FREEDOM – Toronto – 7:30 pm</b> 1051 Eglinton W.,St.Elizabeth Anglican Church (JFT/OS/CD) ♿
<b>RESPONSIBLE CHOICE - Brampton - 12:00 pm</b> 420 Balmoral Dr. Emmanuel United Church - Bramalea Rd, north of Steeles, south of Hwy 7 (C/D/Rotating step/tradition 1 to 12)
<b>TOGETHER WE CAN - Toronto - 7:30 pm</b> 33 Russell St., CAMH , Rm2029, (C/D): Women's Mtg/ 123/ 12/LC/J/Ask it Basket). (O/S first Fri) ♿
<b>SURRENDER TO SERENITY- Scarborough - 7:45 pm</b> 74 Firvalley Court, Warden Woods Community Centre - south of Warden Subway Station, off Warden (C/D) ♿
<b>NEW ATTITUDES - Bramalea - 8:00 pm</b> 1105 Queen St. E. St. Leonard's House - at West Dr. Bramalea, Front entrance, no in out privileges (C/D)
<b>NEW FREEDOM - Milton - 8:00 pm</b> 317 Main St. E. Grace Anglican Church (O/D)
<b>I CAN'T WE CAN - Mississauga - 8:00 pm</b> 26 Stavebank Rd. N. Trinity Anglican Church - west of Hwy 10, just north of Lakeshore (C/D) ♿
<b>UNITY SELF-HELP - Newmarket - 8:00 pm</b> 461 Park Ave. Trinity United Church - corner of Park and Main (C/D/Last Friday Open -1,2,3)
<b>SERENITY IN RECOVERY - Oakville - 8:00 pm</b> 1450 Litchfield Rd. St. Simon Anglican Church -at Upper Middle and Trafalgar (C/D)
<b>HUNGER FOR HEALING - Etobicoke – 7:30 pm</b> 279 Burnhamthorpe Rd. Olivet New Church, at Lorraine Gardens, 2 blocks west of Kipling on the north side (C/Lit/D) ♿
<b>HEART AND SOUL - Toronto - 8:00 pm</b> 794 Kingston Rd. St John's Church, backdoor - northeast corner (C/D): T/ 123/ LC/ J. (O/S) last Fri, no pets.
<b>WE DO RECOVER - Toronto - 8:00 pm</b> 404 Willard Ave. St. Paul's Runnymede Anglican Church -east of Jane, north of Bloor, 1 hour (C/D/J)
<b>SATURDAY</b>
<b>FREEDOM AND FELLOWSHIP - Oakville - 10:00am</b> 1540 Cornwall Rd Unit 102, CMHA. In the boardroom (C/D/W)
<b>FRESH START - North York - 12:30 pm</b> 846 Sheppard Ave. W. JAC's Place - (C/D) ♿
<b>RECOVERY COMES FIRST - Toronto - 2:00 pm</b> 58 Cecil St. Cecil Community Centre - one block south of College, east of Spadina (O/D/LC) ♿

<b>OUT IN RECOVERY - Toronto - 3:30 pm</b> 519 Church St. 519 Church Community Centre (C/D/LGBTQ) ♿
<b>SERINITY ON SATURDAY</b> Newmarket – 7:00 pm 570 B, Steven Court, steps building side door. (C/D) ♿
<b>KEEP IT SIMPLE - Oakville - 7:00 pm</b> 2489 Lakeshore Rd. W. Walton Memorial Church – W. Entrance (C/D/J) ♿
<b>JUST FOR TODAY - East York - 7:30 pm</b> 51 Donlands, St. David's Anglican Church (C/D/J/12/No dogs)
<b>NEW FOUND LIFE - Etobicoke - 7:30 pm</b> 25 Burnhamthorpe Rd. Islington United Church - north of Dundas, downstairs, Scout Hall, no dogs allowed (C/D)
<b>WITHOUT PREJUDICE - Toronto - 7:30 pm</b> 43 Wellesley St E. Sunnybrook Holland Orthopaedic & Arthritic Centre, east of Wellesley subway stn., 8 <sup>th</sup> floor auditorium, 2 <sup>nd</sup> (O/D/S/L/J), Sat. (W/M) ♿
<b>IT WORKS, WORK IT! - Brampton - 7:30pm</b> 44 Church St. E. St. Andrew's Presbyterian Church - one block east of Main, on Church (C/D/123/J/LC)
<b>NEVER TOO YOUNG – Toronto – 8:00 pm</b> Broadview Ave., 2 <sup>nd</sup> house south of Loblaws, no parking in driveway. (C/D/BT/J/O/S), Last Sat: Youth interest group.
<b>BLESSED ON BLOOR – Toronto – 8pm</b> 427 Bloor St. West, Trinity St-Paul's Church – Rainbow Rm. (Chapel rm. On Tuesday. (O/D) ♿
<b>SUNDAY</b>
<b>NEVER ALONE - Etobicoke - 2:30 pm</b> 45 Ludstone Dr., 2 <sup>nd</sup> floor, Transfiguration Church, Dixon west of Kipling, off Celestine (C/D/JFT)
<b>THERE COMES A TIME – Toronto – 2:00 pm</b> 63 Bellwoods Ave., St. Mathias Church – north of Queen, west of Bathurst. (C/D/J/12/O/CF/S every 3 <sup>rd</sup> Sun.)
<b>TWELVE BY TWELVE - Toronto - 6:00 pm</b> 765 Queen St. E. 2 <sup>nd</sup> floor, Ralph Thornton Centre - east of Broadview (C/D/12/J) ♿
<b>NA FOUNDATION GROUP - Mississauga - 6:30 pm</b> 1880 Lakeshore Rd. W. Clarkson Community Church (C/L/D)
<b>STEPS KEEP YOU CLEAN Brampton - 7:00 pm</b> 4 Elizabeth St., Christ Church, N. just west of Main, at Queen (C/D/no pets) ♿
<b>COURAGE TO CHANGE - Milton - 7:00 pm</b> 170 Main Street, Knox Presbyterian Church Community Centre - west of Dufferin (O/C/D) ♿
<b>ALIVE AND FREE - Toronto - 7:00 pm</b> 2705 Islington, Our Saviour Lutheran Church (BT/C/L/1 <sup>st</sup> Sunday-OS,CD) ♿
<b>TOGETHER WE CAN - Toronto - 7:30 pm</b> 33 Russell St. CAMH, Rm. 2029. (C/D) ♿
<b>INNER JOURNEY - Scarborough - 8:00 pm</b> 62 Orchard Park Dr. West Hill United Church, Kingston Rd, west of Manse (C/D)
<b>STEPS TO SERENITY – Bradford – 7:00pm</b> 66 Barrie St., Bradford United Church,
<b>THE BRUNCH CLUB – Burlington – 11:30am</b> 1230 North Shore Blvd E., Susan & Robert Busby Centre , rm #1, - South Tower (new) (O,D)

An addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.  
(Basic Text p.xix)

FEBRUARY 2019  
MEETING LIST



“YOU ARE NO LONGER ALONE”

TORONTO AREA  
1-888-811-3887

mail@torontona.org  
Website: www.torontona.org

Postal Address: Toronto Area Service Committee,  
PO Box 5700, Depot A, Toronto, Ontario M5W 1N8

ANCHOR AREA  
1-877-414-4464 / 416-410-3689

Aurora, Brampton, Georgetown, Keswick, Newmarket,  
Richmond Hill, Unionville, Woodbridge

Website: www.anchorna.org  
Public Relations: anchorpi@live.ca  
H&I: anchorhi@live.ca

Postal Address: PO Box 21 King City, ON L7B 1A4

HALTON PEEL AREA  
1-888-811-3887

Burlington, Milton, Mississauga, Oakville  
Website: www.haltonpeelna.org

Postal Address: Halton Peel Area of NA  
PO Box 40014 Derry Heights PO, Milton, ON, L9T 7W4

Meetings not part of an area are indicated by \*\*\*  
IN THE EVENT OF PUBLIC OR RELIGIOUS  
HOLIDAYS PLEASE CALL THE HELPLINE AT  
1-888-811-3887

TO ENSURE THE MEETING IS OPEN

MEETING CODES

- |                           |                              |
|---------------------------|------------------------------|
| (123) Steps 1 2 3         | (LGBTQ) Lesbian Gay Bi Trans |
| (12) 12 Steps             | Queer                        |
| (BT) Basic Text           | (Mdt) Meditation Meeting     |
| (C) Closed Meeting        | (M) Men’s Meeting            |
| (CN) Candlelight          | (O) Open Meeting             |
| (D) Discussion            | (Q&A) Questions and Answers  |
| (IP) Information Pamphlet | (RP) Recovery Principles     |
| (J) Just for Today        | (S) Speaker,                 |
| (L) Literature            | (W) Women’s Meeting          |
| (LC) Living Clean         | (♿ ) Wheelchair Access       |
| (CF) Child Friendly       | (T) Traditions               |

**CLOSED MEETINGS:** A closed meeting (C) in Narcotics Anonymous is for those individuals who identify themselves as addicts or for those who think they might have a drug problem.

**OPEN MEETINGS:** An open meeting (O) is an NA meeting that may be attended by anyone (e.g. professionals, family members) interested in how we have found recovery from the disease of addiction.

NARCOTICS ANONYMOUS IS NOT AFFILIATED  
WITH THE FACILITIES IN WHICH OUR  
MEETINGS ARE HELD

**TORONTO AREA SERVICE MEETINGS**

To confirm times and locations please call  
**1-888-811-3887**

**Toronto Area Service Committee (TASC)**

33 Russell St., CAMH. 10:00am - 2nd Sun. (1<sup>st</sup> Sun in May) room 2029.

**Activities Subcommittee**

33 Russell St. CAMH room 2015, 7:00 pm 1<sup>st</sup> Thurs.

**Clean Times Subcommittee**(time and location tbd)

Please email cleantimes@torontona.org

**Helpline Subcommittee**

33 Russell St., CAMH cafeteria, 7:00pm - last Wed.

**Hospitals & Institutions Subcommittee (H&I)**

33 Russell St. CAMH cafeteria. 7:00pm - 3<sup>rd</sup> Wed.

**Literature Subcommittee**

33 Russell St. 9:00am - CAMH cafeteria, **Send mail to**

**Literature:** P.O. Box 5700 Depot A, TO, ON, M5W 1N8

**Policies & Procedures (P&P)**

33 Russell St. CAMH. caf 7:00pm, Th, week after TASC.

**Public Relations Subcommittee (PR)**

33 Russell St. CAMH cafeteria 7:00pm- last Thursday.

HELP US KEEP THIS MEETING LIST  
UP TO DATE AND CORRECT -  
EMAIL CHANGES TO  
meetinglist@torontona.org  
OR CALL 1-888-811-3887  
(Updated Feb. 4<sup>th</sup>, 2019)

**TELEPHONE NUMBERS**

“Get and use telephone numbers...” (Basic Text Page 54)

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NA offers only one promise:  
**Freedom from active addiction**  
(Basic Text p.106)